



nmca

New Mexico Chiropractic Association™ Journal

Serving the Profession since 1947

First Quarter 2021

Being an Eternal Optimist

“The hardest challenge is to be yourself in a world where everyone is trying to make you be somebody else” E.E. Cummings.

This quote struck a chord with me last week when I read it while spending some much needed down time in the mountains with my family. For the past year we have been somewhat laser focused on everything COVID-19. While much of that focus was much needed and well-intended, there have been deep divisions created in our communities, our state and in our country.

My original message for this journal was overly broad and simply focused on Chiropractic and the NMCA. There has certainly been plenty of action behind the scenes with the ongoing legislative session here in New Mexico as well as the constant evolution of our upcoming continuing education endeavors. But, when I read the opening quote, it shifted my thinking to a more personal message.

My personality tends to always sway in the direction of “eternal optimism”. I tend to be the guy who is often annoyingly explaining that the glass is in fact half full, no matter what. But over the past few months this has been more of a challenge. Each of us have been inundated by countless outside influences to slowly change the very fiber of our being. To change how we run our offices, to alter the way we interact and communicate with our patients, family and friends. We have been asked to question even the most basic human experiences like giving someone you love a simple hug. Struggling children, neighbors, family members and friends have been left isolated for months on end with no real end in sight. None of us have been completely immune to the far reaches of these ongoing issues and it starts to wear on us. Physically, mentally, emotionally, spiritually, it wears on each of us regardless of how

we try to shift our focus to more uplifting thoughts and actions.

My goal with this message today is to let each of you know that you are NOT alone dealing with these challenges that every day life has presented us this past year. There has been an odd stigma surrounding some of it however. Making us feel like it may not be okay to openly discuss our serious concerns regarding what is happening around us. If we simply ignore most of it, things will simply get better despite our growing concerns.

Moving forward I would like each of you who read this to know, that the NMCA is here for you! Not simply as an organization, but as your friends and colleagues who care deeply about you. We care about your overall health and well-being. We care about your practice, your personal and professional success. We want each of you to be successful in all aspects of life! I want you to know that when you need something, we are only a phone call or email away. I have spent the past 19 years not only helping the patients in our community but when possible the Chiropractors as well! We are incredibly lucky to be surrounded by individuals in our Chiropractic Community who are always willing to lend a hand. However, the most challenging part is often asking for, or accepting the help.

As your local restrictions allow, you will all be hearing from your NMCA District Directors in hopes of putting together in person meetings. These meetings are on a local level and are for ALL Chiropractors, not only NMCA members. Please consider attending a lunch or meet and greet in your region when the opportunity arises. I would personally welcome anyone who cares to join us in Farmington if you are so inclined. Lastly, take a moment to think about those around you who may be seriously struggling. Make a phone call or two

to simply “check in”. Even those who seem the strongest need to vent from time to time.

Optimistically,
Dr. Ryan T. Rowse DC, APC
NMCA President



NMCA ANNUAL VIRTUAL EVENT!!! May 21-23, 2021 **DETAILS INSIDE**

Table of Contents

From the NMCA President	1
Board of Directors	3
Note from the Executive Director ...	4
SPOTLIGHT!.....	6-7
ACA Delegate Report	8
ACA State Affiliate Report	10
The Zinc Question	12
Weekend at the Cinema	14
Speaker Bios.....	15-16
NMCA Applications	17-21
Diagnosis and Management of Ossification of the Posterior Longitudinal Ligament	22-23
Classifieds	25-31
Mission Statement	32



THANK YOU NMCA FOR ALL THAT YOU DO!

We are Graciously Accepting Referrals for:

- ✓ Car and Trucking Accidents
- ✓ Motorcycle Accidents
- ✓ Bicycle Accidents
- ✓ Slip/Trip and Fall Accidents
- ✓ Injuries from Impaired Drivers
- ✓ Other serious Injuries

WHY TRUST US?

New Mexico Born & Raised



Dedicated to Results



The Dinelli Law Firm, LLC was established by New Mexicans, for New Mexicans.



Call for a Free Consultation
(505) 582-2157

Email: mark@dinellilaw.com | www.dinellilaw.com | 503 Slate Ave. NW, ABQ, NM 87102



NMCA Board of Directors 2020-2021

Executive Committee

Dr. Ryan Rowse, President
Farmington

Dr. J.C. Moore, Vice President
Albuquerque

Dr. Christina Lujan, Treasurer
Albuquerque

Dr. Dominique Taylor, Secretary
Ruidoso

Dr. David Peer, Past President
Albuquerque

Diana Statzula, Executive Director
Albuquerque

Central District Directors

Dr. Elaine Adams, Albuquerque
Dr. Dean Wasson, Rio Rancho
Dr. Catherine Seat, Albuquerque

North Central District Director

Dr. Windy Carter, Santa Fe
Dr. Arjan Khalsa, Espanola

West Central District Director

Dr. Betty Sutliff, Gallup

South Central District Directors

Dr. Mike Brown, Las Cruces
Dr. Mark Mudd, Las Cruces

East Central District Director

Dr. William Smith, Clovis

Southeast District Director

Dr. Andres Arreola, Lovington

Northeast District Director

Currently available

Southwest District Director

Currently available

Northwest District Director

Dr. Zeke Brimhall, Farmington

NMCA Standing Committee Chairmen 2020-2021

Committee on Bylaws & Resolutions

Dr. Elaine Adams, Albuquerque

Scholarship Committee

Dr. William Smith, Clovis

Convention & Education Committee

Dr. Michael Pendleton, Convention, Albuquerque

Workers Compensation Committee

Dr. Harvey Johnson, Los Lunas

NMCA Political Action Committee

Dr. JC Moore, Chair

Chiro Congress Representatives

Dr. Blair Alexander, NMCA Representative

ACA Representatives

Dr. Michael Pridham, Delegate
Dr. David Peer, Alternate

*To contact any of the Board Members or Committee Chairman,
go to our website at www.nmchiro.org or contact:*

NMCA

P. O. Box 20399, Albuquerque, NM 87154
nmcassociation@gmail.com 505-280-0689 or fax 505-554-1482

**Be sure to check our website on a regular basis for the most up-to-date
information from many different sources!**

Editorial Policy

This Journal is the official publication of the New Mexico Chiropractic Association. The NMCA assumes no responsibility for material contained in articles, letters or advertisements published and publication does not necessarily constitute endorsement of them. The deadline for submission of articles and advertisements is three weeks prior to publication. Advertising rates and submission deadlines can be obtained by contacting the NMCA at 505-280-0689



A note from your Executive Director

Diana Statzula

Wherever you are, my prayer is that you find a glimmer of hope in life, in health, with the pandemic and the crazy weather across the country the past week or so.

In January, we had a wonderful live virtual, 10 hour seminar with Dr. Brandon Lundell on Integrative Approach to Improving Fertility & Healthier Children. The seminar is still avail-

able for 10 CE hours on demand until March 31st. Contact me if you are interested in registering.

I am excited to share our NMCA Live Virtual Event "Weekend at the Cinema" will be May 21-23, 2021! This will be a FUN weekend with fantastic speakers, topics, exhibitors, sponsors, games and prizes!!!!

Details and registration form included in this newsletter. Looking forward to seeing you then!!

Please let me know if I can be of assistance. You may call me at 505-280-0689 or email me at nmcassociation@gmail.com.

*Love and blessings,
Diana*

Greenfield Processor Service LLC

Servicing New Mexico since 2002

505-507-4659

whitew310@aol.com

✓ Processor Cleanings ✓ Service ✓ Sales
✓ Installs ✓ Deinstalls
✓ Supplies - such as X-ray Film, Fixer, Developer.

✓ Covid 19 Supplies
such as no touch infrared hand sanitizers,
refill bottles and masks.

*Servicing areas such as Albuquerque, Espanola, Bloomfield,
Carrizozo, Roswell, Artesia, Alamogordo.*

Please feel free to email or call me for quotes on supplies and service.
I can travel to other areas if need be.

Thank you, John Greenfield.

**A Big
Thank You
to the
Following Businesses
and Sponsors!!!!**
We appreciate you!!!!

ChiroHealth USA
DC Events
NCMIC
Nutri-West
Standard Process
Foot Levelers
The Evolution Group
The Dinelli Law Firm
BBVA
Parnall Law Firm
Protocol For Life Balance
Greenfield Processor Service
Print Masters





Creating Opportunities

Credit for your business when you need it most.

Get up to \$100,000 with 0% financing for the first three billing periods* when you open a new **BBVA Business Convenience Line of Credit**.

We know how important it is for you, as a business owner, to have access to cash at a moment's notice—especially now. For a limited time, when you open a new **BBVA Business Convenience Line of Credit**, you'll enjoy 0% financing for your first three billing cycles, giving you peace of mind knowing you're helping your business and saving money.

- Purchase inventory
- Make payroll
- Cover unexpected expenses

Whatever your short-term cash needs are, our flexible, easy-to-access revolving line of credit can help you create opportunities for your business to succeed.

Act now! You must apply by December 31, 2020.

For questions or to apply, contact a BBVA Banker.

Alicia Pino

Cell: 505.595.4518
alicia.pino@bbva.com

All loans subject to approval, including credit approval. Rates following the third billing period will be determined based on applicant's creditworthiness. Applications must be submitted by 12/31/20. *0% for the First Three Billing Periods Offer: 0% interest rate available on lines of credit up to \$100,000 and will be in effect for the first three billing cycles. After that, the interest rate will revert to the interest rate as set forth in the Convenience Line of Credit Acceptance Letter. Auto Debit discount does not apply. Must have a BBVA USA depository relationship at the time of application. Rates are not available in conjunction with any other rate discount or offer, or for any loans used to refinance existing loans with BBVA USA. Not available on construction loans, non-owner occupied commercial real estate loans, or Small Business Administration loans. Please contact a BBVA USA banker for complete details. BBVA and BBVA Compass are trade names of BBVA USA, a member of the BBVA Group. BBVA USA, Member FDIC. Rev.09/2020/ #943379

SPOTLIGHT!!!

Lifetime Achievement Award Recipient

Dr. Robert Jones story...

The Road to Leadership



One of the greatest honors that has been bestowed on me was to receive the Lifetime Achievement Award by the New Mexico Chiropractic Association. The only previous recipient at the time was my good friend and mentor Dr. Bill Doggett. Like, Dr. Doggett, I have been asked to contribute to a series of articles of those who have received this great honor.

Please bear with me through this as I find it difficult to write about myself. I was brought up with a few life tenants. By today standards they may seem old fashioned, even stuffy and pretentious, however they served as my impetus to my road to change and leadership. The first tenant being: if you are unhappy with something it is your responsibility to work hard and change it, you do not whine and wait for others to affect change. The second tenant being to serve humanity and your fellow man It is our responsibility to leave things better than we inherited them. These tenants were pounded into my conscious by my parents, my grandparents and by several of my most influential mentors.

One could say I was born into the chiropractic profession, being born to parents who were both taught by BJ and David Palmer, at the then Palmer School of Chiropractic. When I was of age to go to college, I did not want to leave my country of Canada to be educated as a chiropractic physician, so I applied at the Canadian Memori-

al Chiropractic College. At the time, CMCC was the only chiropractic college in Canada so it was very difficult to get in. To gain entry one had to have an interview by College representatives. My interview was in Calgary, Alberta and I remember it well. I was sat in front of a panel of CMCC graduates and scrutinized. At the conclusion of the "interview" I was told I was not intelligent enough to be accepted by CMCC and that I should try another career path or go to a school in the United States, where I might get in because the schools in the States had poorer standards. This was my initiation into the politics of chiropractic.

I was eventually accepted into Palmer College of Chiropractic, Davenport. There I was immersed into the philosophy and politics of chiropractic. At the time there was no physical therapy done in the main clinic. If you wanted to do anything other than adjusting you literally had to walk your patient down into the bowels of the basement of the campus to the awaiting three physical therapy bays. If you wanted to consider any other treatment option other than strict adjusting you found it difficult to find mentorship and you were looked upon by your peers as a medipractor single minded politics was everywhere, and I felt comfortable in it. I remember (yes quite fondly) sitting in the student's union drinking pitchers of beer with the likes of Drs. Reggie Gold, Klay Thompson, Vernon Pierce and LaFarge. I became active in the Student ICA, was the

president of the Canadian club and ultimately became the leader of the international student body at Palmer. At the time I was dragged through these positions by a fellow Canadian and upper classman, Dr. David Bourree. I knew him most of my life, as he grew up down the block from me, in the small town I grew up in, and my father was his chiropractor.

I graduated from Palmer quite politically active in the fundamental beliefs of your chiropractic history. The Wilks trial occurred while I was at Palmer and it was President's McAndrews brother who represented our profession in the trial. There were often campus wide closures where assemblies were had, to give updates by President McAndrews brother personally. I graduated politically charged by these events and feeling a duty to protect and preserve the fundamentals of our profession.

As fate often does, it laughingly led me into an associate position in an integrative clinic system. I worked in this integrative setting for over three years before I moved to Albuquerque. During this time, I was rudely, unceremoniously and even a little forcefully shown that healthcare and patient treatment/management was far greater than what I was exposed to at Palmer. These were the most formative and instructive times of my evolving clinical self. During this time, I was exposed to the possibility that our profession could become a greater partic-

ipant in patient treatment and not an outsider or outlier in healthcare. It was at this time I started realizing that chiropractic was not synonymous with adjustment, but that chiropractic was a clinical optics and adjustments were just a modality of treatment. I can feel the many eyes rolling now as I have said this but as you roll your eyes, I pose this to you, with as many professions now adjusting why is it clearly more effective when we do it In my humble opinion it is our clinical optics of when and why we use adjustments that make them effective. I challenge you to believe in your clinical optics you were taught in school and not just the powerful and beneficial adjustment that helps so many of your patients. It is this fundamental change of thought in me that changed the course of my perception of our profession. From this point forward it set up the ability to see greater possibilities for the clinical practice of our profession, believing in our clinical optics instead of believing I was tied to only one clinical modality. This opened the ability to see many more clinical pathways to help our patients.

Once I moved to Albuquerque, I had the pleasure of practicing with Dr. Martin Weiss for greater than five years. He introduced me into the politics of our profession in New Mexico. During this time, I was introduced to leaders in our profession like Past President of the ACA, Dr. James Mertz, Dr. Jim Lehman and Dr. Bill Doggett. Dr. Lehman and Dr. Doggett introduced me to the Round House in Santa Fe and the need to be politically active to affect change. Dr. Mertz, along with Dr. Doggett, introduced me to the ACA. These were my fledgling years in politics and my evolving belief that our clinical optics defined us. During this time, I missed being in an integrative setting and eventually met Dr. Aaron Kaufman, an osteopath. Eventually we became clinical partners and are still to this day.

Practicing with Dr. Kaufman solidified my belief as a chiropractic physician I had more to offer my patients than one modality of treatment. I felt the desire to affect change in this area and ended up being on NMCA's Legislative/PAC committee. There I met the like of Drs. Bob Dubin, Steve Perlstein, George Simmons and Michael Pendleton. These colleagues were of like mind believing our clinical limitations should be tied to education and not historically performed modalities. Tying our clinical scope to our education allows for our clinical abilities to change and progress with science, just like all other professions. This was a seismic change in our approach to politics as we were no longer fighting to preserve and protect a modality but that our uniqueness and distinctness was our clinical optics, and this is what made us a different clinical physician.

As I became more politically inclined in the Legislative/PAC committees I was led into leadership within the NMCA. During this time, I was fortunate to have mentors like Drs. Herb Beatty and Lyman Atchley. Dr. Beatty taught me the importance of leadership by service. This might sound basic, but it is my experience that few leaders truly lead by serving those that have elected them. I am forever in debt to Dr. Beatty for teaching me this lesson.

While having the honor of being President of NMCA I could see how important the theme of education was to our ability to practice and to be reimbursed fairly. This led me to build bridges with educational institutions like the University of Western States and National University of Health Sciences. Both institutions helped change the clinical atmosphere for all of us here in New Mexico. I was eventually asked to join the Board of Trustees for the University of Western States, which I Chaired for three years.

During this time, I was able to better understand how education, accreditation, regulation and clinical scope of practice were intimately woven together.

The more I got involved with the politics and regulations of our profession the more frustrated I became. It became very clear to me that our profession was judged and treated by a different set of non-defined rules. We were being prevented from using emerging scientific and technological advancements, while other professions were not. We were not integrating with the evolving healthcare systems of our country. Some of this was our fault, clinging to the belief that one modality defined us; manifesting our belief as a profession we were an island, unique and distinct and there were also the old undercurrents of the allopathic community that wanted to keep us contained to this island of our own making.

This frustration drove me to allow Dr. Bill Doggett to get me involved with the ACA. After spending a decade in the ACA House of Delegates I was privileged to be elected to the Board of Governors and ultimately elected to the President of the ACA. I believe my time in leadership within the ACA I have presented and championed the belief that it is our clinical optics that define us as physicians and not one modality. It is my sincere hope that this continues as I fade from leadership and influence. Basing who we are on our clinical optics allows our profession to grow with our education, to grow with evolving science and technology and it allows those who follow us the ability to further who and what they dare to dream this great profession to be.



ACA Delegate Report to NMCA

By Michael Pridham, DC-APC
February 21, 2021



This year we had our first digital ACA Engage Conference with the House of Delegates (HOD) meeting on 3 separate days in January and February. The HOD elected Dr. Mike Martin from Texas to be the newest member of the Board of Governors (BOG). The BOG elected Dr. Michele Maiers from Minnesota to be the next President of the ACA. She is also the Interim President of the World Federation of Chiropractic. She holds the degrees of DC, MPH, and PhD.

Dr. Maiers follows in the footsteps of our very own Dr. Robert Jones, who served our profession with amazing dignity and grace throughout this pandemic. He was term limited as President and will continue to serve on the BOG for another year. It is impossible to overstate how much Dr. Jones has contributed to our profession and he deserves a lifetime of thanks from each of us!

Dr. David Peer represented the NMCA well at the HOD, and Dr. Ryan Rowse also attended the Conference! I had the distinct honor to appoint Dr. Dominique Taylor to fill the role of Alternate Delegate from New Mexico. Dr. Jones and Dr. Doggett taught me a long time ago that the first job one has when they get elected to a role is to start training their replacement. I

am excited to see Dr. Taylor step into that role!

The HOD has a deliberative discussion each year and we spoke about the roles and possible implementation of term limits of the delegate and the alternate delegate. There was a lot of discussion of task forces and standing committees of which general members can join. If you find yourself becoming interested in getting involved in any way with the ACA please let me know.

The 117th Congress started out on January 3, 2021, and on January 6th the United States of America experienced an insurrection into the Capitol Building in Washington D.C. This treasonous act that resulted in several deaths, hundreds of injuries and another impeachment had a profound effect on me. Knowing several of the members of Congress personally and visiting the Capitol every year for the last 10 years resulted in what is termed a stress injury. I experienced similar emotions after September 11, 2001.

Last year I experienced a series of traumatic events with my involvement in Ski Patrol. I had responded to a near fatal snowboard accident. I started having sleepless nights and flashbacks of the scene. My Patrol Director asked if I would attend a workshop with the

Responder Alliance, and bring back information to the Patrol. <https://www.responderalliance.com/> This is an organization that raises awareness of stress injury formation and recovery in all types of responders. They do this by connecting responders, professionals, and organization with resources, education, and trainings formulated on preventing and mitigating stress injuries that occur in the field.

The idea is to break the stigma behind discussions of stress injuries. My reason for sharing these very personal feelings with you all, is to hopefully make a difference if any of you are suffering from your own stress injuries during these turbulent times.

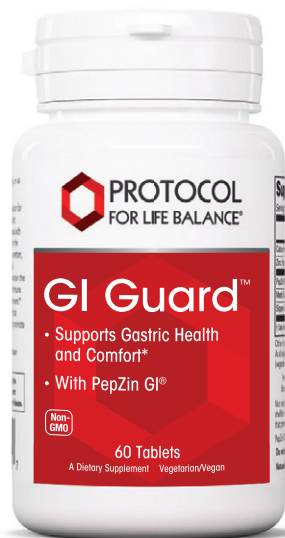


NMCA FEATURED PRODUCTS!



GI Guard™

- Supports Gastric Health and Comfort*
- With Clinically Validated PepZinc GI®
- With Soothing Mastic Gum & Slippery Elm*
- Non-GMO



Melatonin 10 mg

- Extra Strength
- Easy to Swallow Veggie Cap
- Gastrointestinal Support*
- Healthy Sleep Cycle*
- Non-GMO



Protocol For Life Balance® is a well-researched, potent, and efficacious brand of high-quality dietary supplements and natural products sold through licensed healthcare practitioners.

protocolforlife.com • 877-776-8610 • sales@protocolforlife.com

Family Owned and Operated

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

 **PROTOCOL**
FOR LIFE BALANCE®

ACA State Affiliate Report

By Dr. David W. Peer

February 18, 2021



You must press him because he would never reveal any of this if you didn't press him. The fact is that he loved every minute of the incredible amount of work it takes to serve as ACA President. Since I did press, I know a little bit about the endless meetings required.

If you've ever been to Dr. Robert Jones' practice, you would find it hard to believe that a treating physician/owner of Southwest Integrative Health Center could possibly do both jobs.

During his tenure as ACA President, I have been to his practice early in the morning to pick him up and I've been to his practice late at night to

visit with him and both times he was on an ACA call. That's when I pressed him about his schedule. The cold, hard fact is that every single morning he was "in meetings" and every single night he was "in meetings" till way too late. He relayed this information to me in a matter of fact answer to my question, without even a hint of expression that the schedule was too much.

The ACA is about to change Chiropractic reimbursement for 60,000 Chiropractors. The machine that is behind HB 3654 (The Medicare Chiropractic Modernization Act) is the result of the hard work of many dedicated doctors, none more than our very own Dr. Robert Jones. We

own him our thanks, we owe him our appreciation, but more than anything we owe him our effort. We all need to step up our game!

My position as NCMA State Affiliate Delegate to the ACA has put me in a position to witness an unbelievable amount of effort put forth by one Doctor. If the rest of us put forth even a fraction of that, Chiropractic would be unstoppable.

Please thank Dr. Jones and all those who serve our profession as members of our national and state associations, Board of Examiners, activists and lobbyists etc. And please consider carrying some of the water yourself.

*Business Cards, Flyers, Menus, Forms, Newsletters, Letterheads,
Postcards, Envelopes, Brochures, Door Hangers,
Banners & More*



"Your Local Choice"

15% Off
Any Printing Service
Please mention coupon code 505

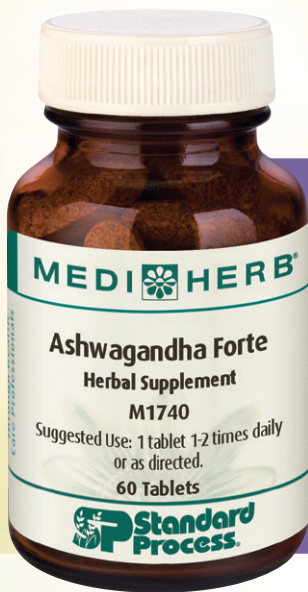
505-440-4597

printmastersabq@aol.com



Ashwagandha Forte

Rejuvenating Tonic for Stress, Immune System & Cognition*



Ashwagandha's use as a 'rasayana,' or rejuvenative tonic, dates back thousands of years. Classified as an 'adaptogen,' it helps to ease the effects of everyday life and environmental stresses by supporting the body's natural resistance and immune system defenses.*

Features & Benefits of MediHerb® Ashwagandha Forte:

- ✓ **Standardized Withanolide Levels** – Each tablet of MediHerb Ashwagandha Forte provides the equivalent of 4 g dry Ashwagandha root and is standardized to provide 10 mg of withanolides (the key active component of Ashwagandha root).
- ✓ **Backed by High-Quality Testing** – MediHerb tests the quantity of withanolides in Ashwagandha raw material to ensure optimal strength and quality. MediHerb's specialist testing ensures the withanolides are retained in the product throughout manufacture.
- ✓ **MediHerb Manufacturing Expertise** – Manufactured in Australia to pharmaceutical GMP standards.

Learn more at standardprocess.com/ashwagandha

© 2021 MediHerb. All rights reserved. LN01317 01/21

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



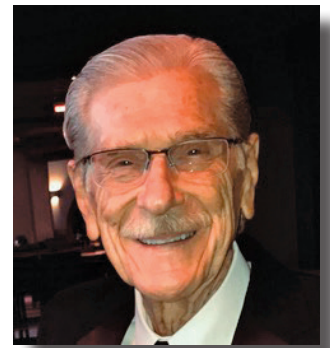
mediherb.com



standardprocess.com

The Zinc Question

By Herbert M, Beatty DC FICC



I recently read a news research article summarizing results from the Cleveland Clinic that belittled the use of vitamin C and zinc gluconate for reduction of symptoms that might be related to COVID-19. Essentially the findings were as follows:

“Cleveland Clinic researchers have found that zinc or ascorbic acid (vitamin C) – or a combination of the two – do not significantly decrease the severity or duration of symptoms in COVID-19-positive patients, when compared to standard care”.

This limited research finding may be valid insofar as active COVID-19 patients are concerned. The question on my mind is not so much the reduction of symptoms once one has become COVID-19 positive, but rather the role that these supplements may have in the enhancement of the health care status of the individual in helping to mitigate development of COVID-19. We all perhaps will agree that the status of the immune system is very dependent on adequate bio-nutritional intake of many factors which are essential to the health and integrity of the immune system. The literature is replete with research studies verifying the benefit of adequate nutritional intake of “C” and “Zn”.

An estimated 17.3% of the global population is at risk of inadequate zinc intake.

Among males, rates of vitamin C depletion ranged from 15% among 65- to 74-year-olds to 23% among 25- to 44-year-olds.

Three-quarters of U.S. teens and adults are deficient in vitamin D.

These percentages for “Zn” may

seem low relative to the general population but we must keep in mind what is “adequate” may not necessarily be what is “optimal”.

Take for example the norms for vitamin D. The standard laboratory norms are generally reported to be adequate between 30-100 ng/ml. However, the “optimal” levels for serum Vitamin D are recommended to be between 50-70ng/ml and for some conditions higher yet. In many cases the general population would be woefully deficient even by laboratory standards.

Rather than be satisfied with “minimal” health we should strive for “optimal” health. It matters not so much to this writer whether these nutrients are major mitigating factors once one has become positive for COVID-19, pneumonia, or the common cold but rather the potential for reducing the possibility of succumbing to a lowered immune state in the first place. I do not view nutrition to be a cure for disease so much as an enhancement of the overall general welfare of the individual and thus not so much a treatment for disease but rather a wellness strategy. As you know we do not have a “health care system” in this country but rather a “sickness care system”. We can all be very thankful for such a system however health requires strategies of daily living that must be understood and applied rather than being dependent on a system that is reactive rather than proactive.

One of the services that we employ in my clinic, at no charge, is the “Zinc Test” by Standard Process. This is a 10 second test using a liquid under

the tongue to determine adequate zinc status in the body. If a metallic taste is detected the individual may not need supplemental zinc. If no taste, then we dispense SP Zinc Chelate at that visit and will retest on subsequent visits. The cost of the Zinc Test from SP is \$12.00. Two droppers under the tongue are required and there are about 20 tests in one bottle. The order number is SP8360.

There may very well be other tests on the market and of course many fine zinc supplements other than SP. In any case, my experience so far is that about six out of ten patients tested in this manner are deficient.

It should be noted that many COVID-19 positive patients have symptoms affecting their sense of taste and smell (anosmia).

“Here we propose that infections with coronaviruses including SARS-CoV-2 induce host immune responses in the nasopharyngeal mucosa; which may lead to local zinc deficiency and consequently transient anosmia and poor taste”.

Proposed mechanism for anosmia during COVID-19: The role of local zinc distribution

Cedars-Sinai Medical Center, Division of Otolaryngology, Los Angeles, California, USA

The Mission Statement for our office states this:

“THIS OFFICE IS DEDICATED TO THE CONCEPT OF HIGH LEVEL WELLNESS.”

*Collegially shared,
Herbert M Beatty DC FICC*



**International
Chiropractors
Association**

Building a strong tomorrow for chiropractors worldwide.

ICA Launches Legal Defense Fund 2021 to Help Fight Restraint of Trade Battle

February 21, 2021 (Falls Church, VA) The International Chiropractors Association has launched **Legal Defense Fund 2021** via [PayPal](#) as a portal for donations to be gathered to help our colleagues in British Columbia fight their restraint of trade battle.

The ICA since its founding has been willing to fight the hard fights to protect and promote chiropractic. Sometimes that means litigation. ICA has been asked to assist, and we are. We now ask our entire chiropractic community to support our British Columbia colleagues in this legal challenge.

The Situation in British Columbia In our press release of last week (<https://www.chiropractic.org/urgent-message-restraint-of-trade-battle-in-british-columbia/>) we detail and provide links to the relevant documents regarding the newly announced and immediately implemented restrictions on imaging. Last September ICA responded to the College of Chiropractors of British Columbia (CCBC) (the province regulators) regarding their red flag limits proposal, which was based on a single commissioned paper, "The clinical utility of routine spinal radiographs by chiropractors: a rapid review of the literature." ICA found methodological flaws and a failure to comply with the framework established to conduct the literature review. The ICA finds no positive outcomes for the public or the profession by injecting onerous regulatory limits to a safe, well-established practice, while we can predict negative implications to patient outcomes.

Its Time to Take a Stand! Our colleagues in British Columbia are mounting a legal defense. If this regulation is not defeated in court and fully implemented, these 'red flag' limits on imaging it will expand. Today it is British Columbia, next it could be your province state, or country. If there are future battles, we will continue to gather resources for those battles as needed. No monies donated to the ICA Legal Defense Fund 2021 will go the ICA, all cleared funds go to the legal battle. Please visit <https://www.chiropractic.org/ldf/> and donate what you can today.

###



chiropractic.org ♦ 703-528-5000

6400 Arlington Boulevard, Suite 650 ♦ Falls Church, Virginia 22042, USA



NMCA AND DC EVENTS INVITE YOU TO A

Weekend at the Cinema!!!

(NMCA'S Annual Live Virtual Convention – 18 CE hours applied for)

May 21-23, 2021

SPEAKERS

- Friday:** [Dr. Dan Murphy](#): Prolonging the Health Span – 12:00pm to 6:30pm
[Dr. Christopher Bump](#): Why's Everyone So Neuro-Inflamed? – 2:15pm to 4:15pm, 4:30pm to 6:30pm
- Saturday:** [Dr. Dan Murphy](#): Prolonging the Health Span – 8:00am to 3:45pm
[Daniel Blackwood](#): Reconsolidation of Traumatic Memories – 9:00am to 10:00am
[Dr. Bill Moreau](#): Chiropractic Management of the Patient with Complex Spinal Complaint – 11:30am – 6:00pm
[Kristi Hudson](#): Chiropractic Issues and Case Studies – 4:00pm to 6:00pm
- Sunday:** [Dr. Mark Charrette](#): The Neurology of Lower Extremity Adjusting & Common Foot Patterns – 8:00am to 12:15pm

SPONSORS

CHIROHEALTH USA
DC EVENTS
NUTRI-WEST
NCMIC
STANDARD PROCESS
FOOT LEVELERS
THE EVOLUTION GROUP

VENDOR POWER HOUR

CHAT WITH VENDORS
VISIT BOOTHS
EARN POINTS!!!
WIN PRIZES!!!!

REGISTER TODAY!!!!!!
FORM ENCLOSED



NMCA and DC EVENTS WEEKEND AT THE CINEMA!

STARRING...



DANIEL BLACKWOOD LPCC

What options do we have when a patient may not be recovering fully due to post traumatic stress? An effective solution is a new and novel PTSD treatment called RTM, a neurological intervention, which will be presented on, with a case study, by Dr. David Peer and Daniel Blackwood, LPCC. The treatment is fast, effective, and requires little discomfort when compared to other trauma treatments available.

The potential for healing and growth that can happen in therapy with my clients is what makes me passionate about this work and is nothing short of sacred to me.

As a therapist I am like the lantern holder, lighting the way so that my clients see the answers that lie inside of themselves. The light and space that I hold helps to empower my client – to listen with the ear of my heart, help my client feel heard and seen. Often, what they need to see or hear inside is blocked by their own self-criticism or judgment, by the noise in their own ears, by emotional pain, or by the lens they are looking through. We work together to undo these blocks, be they habitual thoughts, compulsions, traumatic memories, or old patterns.

Through the warm and respectful bond that exists between us, my clients heal from trauma and come to have clarity about how they feel. They begin to make new choices for themselves. They feel better, have more flow in their lives, and learn to choose and act with more mindful intention.

My clients learn that they are deep, mysterious, and wonderfully unique. I find that down deep my clients are whole and the point of therapy is to empower this wholeness that lies within them. My mission is to light the way.



DR. DAN MURPHY *Biography, 2019*

Dan Murphy graduated magna cum laude from Western States Chiropractic College in 1978, and has more than 40 years of practice experience. He received his Diplomate in Chiropractic Orthopedics in 1986. Since 1982, Dan Murphy has served as part-time undergraduate faculty at Life Chiropractic College West, where he is currently teaching classes to seniors in the Management of Spinal Disorders and Spinal Pathology/Neurology. His academic rank at the college is that of Professor. Dan Murphy is on the post-graduate faculty of several chiropractic colleges. His post-graduate continuing education classes include "Whiplash and Spinal Trauma", "Neuroimmunology", "Pediatrics", "Phospholipid Neurobiology", "The Neurophysiology of Therapeutic Lasers", and "Nutrition". Dan Murphy has been the coordinator of a year-long certification program (through the International Chiropractic Association) in "Chiropractic Spinal Trauma", a program that has graduated about 2,000 chiropractors. He has taught more than 1,750 post-graduate continuing education seminars, including classes in the United States, Canada, Australia, France, England, Portugal, Ireland, Italy, Greece, New Zealand, Spain, Panama, South Korea, and Peru. Dan Murphy is a contributing author to the books *Motor Vehicle Collision Injuries*, published by Aspen, 1996; *Pediatric Chiropractic*, published by Williams & Wilkins, 1998 and 2011; and *Motor Vehicle Collision Injuries*, 2nd edition, Jones and Bartlett, 2005. Dan Murphy wrote approximately 90 quarterly columns in the *American Journal of Clinical Chiropractic*. In 1987, 1991 and 1995 Dan Murphy received the "Post-Graduate Educator of the Year" award, given by the International Chiropractic Association. In 1997 he received "The Carl S. Cleveland, Jr., Educator of the Year" award, given by the International Chiropractic Association of California. In 2001, Dan Murphy was honored by the readers of *Dynamic Chiropractic* as the top vote receiver for the "Our Virtual Chiropractic Association". He was also awarded "Chiropractor of the Year" by the International Chiropractic Association of California, and "Pediatric Chiropractor of the Year" given by Chiropractic Pediatric University. In 2003, Dan Murphy was awarded "Chiropractor of the Year" by Chiropractic Biophysics. This award is most prestigious because Chiropractic Biophysics has more chiropractic research studies published in the scientific literature than any other chiropractic group. From 2003-2009 Dan Murphy was the Vice President of the International Chiropractic Association. He was honored to be chosen as "Chiropractor of the Year" for the International Chiropractic Association, May 2009-2010. In 2014, Dan Murphy was given the Lifetime Achievement Award from the International Association of Functional Neurology and Rehabilitation (IAFNR). Dan Murphy reviews articles regarding alternative health issues, which can be accessed through his website at www.danmurphydc.com.



DR. BILL MOREAU

Dr. William Moreau, DC, DACBSP, FACSM, is an evidence-guided chiropractic sports medicine clinician. He is the Chief Medical Officer at the University of Western States (UWS) in Portland Oregon. At UWS Moreau leads an interdisciplinary clinic focused on providing high quality, whole-person integrated health care. For ten years he led sports medicine at the United States Olympic Committee as director of clinics in 2009 after more than 25 years of clinical practice. In 2017 he was promoted to Vice President of sports medicine where he oversaw USOC sports medicine related activities, including medical care at the Olympic/Paralympic Games and the USOC Clinics. He led the USOC National Medical Network and formulated medical standards of care for the USOC. Moreau served as Team USA's medical director at the London 2012 Olympic Games and the Sochi 2014 Olympic Winter Games, and as Chief Medical Officer for Team USA at the 2016 Summer Rio Games and the 2018 Winter Games in South Korea. As Chief Medical Officer he directs medical service lines for Team USA athletes. In 2017 he was appointed to the Pan American Sports Organization (PASO) Medical Commission. Dr. Moreau founded the United States Coalition for the Prevention of Illness and Injury in Sport. The coalition is one of eleven IOC international centers of research excellence. Dr. Moreau has more than 35 years of clinical expertise in sports medicine. He is dedicated to advancing patient-centered, evidence-guided clinical care pathways delivered through integrated multidisciplinary healthcare teams. Dr. Moreau has delivered over 500 invited lectures and has been featured in Bloomberg Businessweek, USA Today, TIME, ESPN, NPR, NBC, and Kaiser Health News. Moreau is an avid conservationist. When he is not in Portland, you will find him in Black Forest Colorado with his wife.

Dr. Bill Moreau – Course Description

This six (6) hour course will provide evidence guided information for doctors of chiropractic to examine, and manage infrequently encountered disorders of the spine. An overview of current standards of care regarding the evaluation, imaging and management strategies for these regions is presented. The course includes instruction designed to increase the learner's ability to incorporate necessary knowledges and skills pertinent to the topics presented. Risk management information related to vascular injury to the regions are described.

Learner Outcomes

- Demonstrate an ability to undertake a detailed neurological history and examination of the atypical patient presentation.
- Identify the relevant historical and examination findings that drive care management decisions.
- Identify the pertinent anatomy of the region including vascular anatomy.
- Describe the regional interdependence between pain generating anatomy and the clinical presentation(s).
- Recognize the appropriate imaging studies.
- Identify the indications for imaging and advanced imaging.
- Review current evidence guided chiropractic management of selected case studies.
- Identify contraindications to manual interventions of the patient with atypical clinical presentation.
- Recognize the clinical presentation of stroke and vertebral artery dissection.



DR. CHRISTOPHER BUMP

Dr. Christopher Bump has created a unique model of health care by integrating Functional Medicine and Chiropractic. He has over 30 years of experience in clinical nutrition and has earned numerous certifications and degrees along the way. He is a certified practitioner by the Institute for Functional Medicine and he holds a Master's Degree from Columbia University in Human Nutrition, where he has served as guest lecturer. He also holds certifications in clinical nutrition with the AMA College of Nutrition and The International and American Council of Clinical Nutrition and he has chaired the Council for Nutritional Education for the Association of New Jersey Chiropractors for the past 5 years. Dr Bump continues in private practice in Northern New Jersey, as well as lecturing internationally on clinical nutrition offering unique insight from a functional and structural perspective.

Why's Everyone so Neuro-Inflamed? By Dr. Christopher Bump
Why Attend This Lecture, You Ask; other than for CEUs?

Virtual learning is difficult, even if it's disguised as a motion picture. Just ask your kids. So, to sit through a 4-hour lecture on the physiology and clinical outcomes of chronic inflammation, with emphasis on the nervous system, sounds horrid, a real intellectual drag. It just doesn't sound like the thing to do on a beautiful Friday afternoon in May; especially in New Mexico. (I suspect all Friday afternoons in NM in May are beautiful). So, knowing that you have a thousand other incredible places you could be during the scheduled time of this lecture, it is incumbent upon me, a total stranger, to convince you it will be the most amazing learning experience you've had since your splanchnology class. (You do remember that class, don't you?)

If you enjoy learning, even if to gain 1 golden nugget or maybe 2, in the course of 4 hours, then this lecture is for you! But, if you enjoy learning, intellectual stimulation and palaverous pontification, then this lecture will become the benchmark for all others to be compared. Your brain will sizzle with soft-wired neuronal short circuitry, which will leave an indelible imprint on your hippocampus and gently massage your limbic system to ethereal and eternal bliss.

As a Chiropractor, you have been exposed to the concept and practice relating structure with function and function with structure. In this lecture we will explore the principals and tenants of the Chiropractic profession on a cellular and biochemical level, using inflammation as our guidepost. We will look at ways cells "subluxate" and misalign, which in turn creates transmembrane protein impingement. We will connect the proverbial dots between balance and imbalance, between health and dis-ease. As Hermes said: "As above, so below, as within, so without, as the Universe, so the soul".



KRISTI HUDSON

Kristi is from central Mississippi, where she also began her journey into the chiropractic profession. In 2010, Kristi began working as the personal assistant to Dr. Ray Foxworth, president and founder of ChiroHealthUSA. She very quickly learned her passion for chiropractic. With her constant desire to learn more and to contribute, she developed what is now one of the largest webinar series within the profession. In 2016, Kristi took on the additional role of Administrator of the ChiroHealthUSA Foxworth Family Scholarship. The scholarship awards one chiropractic student \$10,000 for tuition, \$5,000 cash and their school receives a \$10,000 donation. Kristi has presented for a number of chiropractic state associations, ChiroCode, ChiroHealthUSA, ChiroTouch Software, and more. She has also written a number of articles on the topics of billing, collections, staff training and compliance. Kristi continues to learn and serve the chiropractic profession and has received professional certification as a Certified Professional Compliance Officer (CPCO).



DR. MARK CHARRETTE

Dr. Mark N. Charrette is a 1980 summa cum laude graduate of Palmer College of Chiropractic in Davenport, Iowa. He is a frequent guest speaker at nine chiropractic colleges and has taught over 1000 seminars worldwide on extremity adjusting, biomechanics, and spinal adjusting techniques. His seminars emphasize a practical, hands-on approach.

Dr. Charrette is a former All-American swimmer, who has authored a book on extremity adjusting. Having developed successful practices in California, Nevada, and Iowa, Dr. Charrette currently resides in Dallas, TX.



nmca

New Mexico Chiropractic Association™

Serving the Profession since 1947

NEW MEXICO CHIROPRACTIC ASSOCIATION 2021 VIRTUAL CONVENTION, May 21-23, 2021

****** 2021 CONVENTION REGISTRATION FORM ******

NAME: _____

ADDRESS: _____

Telephone: _____ **Fax:** _____ **E-Mail:** _____

- | | |
|---|-----------------|
| <input type="checkbox"/> NMCA Regular Member Dues (Convention Included) | \$500.00 |
| <input type="checkbox"/> NMCA Out-of-State Member Dues (\$150) & Convention Fee (\$300) | \$450.00 |
| <input type="checkbox"/> NMCA Member working part time due to illness or impairment and confirmed by a physician's statement (Convention included) | \$250.00 |
| <input type="checkbox"/> NMCA Member in first year of licensing in NM previously licensed in another state (Convention included) | \$250.00 |
| <input type="checkbox"/> Honorary NMCA Members (no dues required) Convention Fee | \$150.00 |
| <input type="checkbox"/> NMCA members in first year of licensing (Convention included) | FREE |
| <input type="checkbox"/> NMCA member in second year of licensing (Convention included) | \$100.00 |
| <input type="checkbox"/> NMCA member in third year of licensing (Convention included) | \$200.00 |
| <input type="checkbox"/> Not a NMCA Member ~ Convention Fee Only | \$550.00 |
| <input type="checkbox"/> Chiropractic Assistants | \$ 75.00 |
| <input type="checkbox"/> \$40.00 per individual credit hour ~ ____ credits x \$40.00
(attending over 12 credit hours, pay full registration price) | \$ _____ |

Total Amount Enclosed: \$ _____

We look forward to seeing you in May! If you have any questions, contact Diana Statzula at 505-280-0689 or nmcassociation@gmail.com or by fax at 505-554-1482.

Please make your check payable to NMCA and mail it with this form to P. O. Box 20399, Albuquerque, NM 87154. If paying by credit card, please provide the following information:

Circle Card Type: **Visa** **MC** **Discover** **AMX**

Card # _____ **Exp. Date** _____

Signature _____ **Date** _____



nmca

New Mexico Chiropractic Association™

Serving the Profession since 1947

Year: 2021 MEMBERSHIP: _____ RENEWAL _____ NEW MEMBER _____

PLEASE PRINT and INDICATE HERE IF ANY OF YOUR INFORMATION IS NEW: _____ YES _____ NO

1. NAME _____ M/F _____
Office Address _____
City _____ State _____ Zip _____
County _____ Office Phone () _____ Fax () _____
E-mail _____
2. Date of Birth _____ Married _____ Single _____ Spouse's Name _____
3. Chiropractic College _____ Graduation Date _____
4. Other College(s) attended _____ Degree(s) Received _____
5. Board certified in these specialty areas _____
6. To what other Chiropractic Associations do you belong? _____
7. Do you have a valid NM Chiropractic License? _____ License Number _____
8. When did you begin practicing in New Mexico? ____ In what other states are you licensed to practice? _____
9. Techniques used in practice include: _____

I further agree to abide by the bylaws of the state association, to strive to attend association conventions regularly and to take part in my district meetings to the best of my ability. I further understand that by providing my fax number and/or e-mail address, I agree to receive faxes and/or e-mails sent by or on behalf of the NMCA.

Date _____ Applicant's Signature _____

MEMBERSHIP DUES:

**(All dues are calendar year.
Please fill in appropriate amount on right.)**

TOTAL

Regular Member:	\$500 annually, to be paid: ____ monthly ____ annually	\$ _____
	\$250 annually for Doctors working part time due to impairment or illness, confirmed by physician ____ monthly ____ annually	\$ _____
	\$250 first year in NM for previously licensed DC ____ monthly ____ annually	\$ _____
New Licensee:	\$0.00 annually (within 1st 12 months), \$100 annually (within 2nd 12 months), & \$200 annually (within 3rd 12 months) for DCs just out of Chiropractic College	\$ _____
Out-of-State Doctor:	\$150 annually (licensed DC practicing outside NM)	\$ _____
Student:	\$25 annually	\$ _____
Professional Associates:	\$250 annually (non-DC business or individual)	\$ _____



nmca

New Mexico Chiropractic Association™

Serving the Profession since 1947

Honorary Member:	Exempt from dues (retired and age 60+ or disabled)	
Early Renewal:	<u>If paid in full by 12/31 before membership year, - 10%</u>	\$ _____
<u>CONTRIBUTIONS:</u>		
PAC:	Non-deductible political action contribution fund	\$ _____
President's Circle:	Non-deductible discretionary, legislative & lobbyist fund Member: \$1,000 or more; Associate: \$1-\$999	\$ _____
Scholarship Fund:	Contribute to helping new Doctors of Chiropractic	\$ _____
PR Media Fund:	Making Chiropractic visible throughout NM	\$ _____
Total Dues and Contributions		\$ _____

See EZPay form included in package for your convenience!!

I am paying by (circle one): Visa # MC# AMX# DISC# Card#: _____

Expiration Date: _____

**PLEASE MAKE OUT SEPARATE CHECKS FOR MEMBERSHIP, PAC
AND PRESIDENT'S CIRCLE.**

Please mail application with credit card information, check or money order to
NMCA at below address or fax to 505-554-1482

P.O. Box 20399 • Albuquerque, New Mexico 87154 • 505-280-0689





nmca

New Mexico Chiropractic Association™

Serving the Profession since 1947

NMCA EZPAY MEMBERSHIP DUES & CONTRIBUTION FORM

EZPay is a convenient and easy way to pay your annual membership dues and contributions to the NMCA. Simply fill out to dues schedule amount and frequency of payment (i.e. one time, monthly, quarterly, etc.) and select your method of payment and the NMCA will do the rest! You can also make a contribution to the NMCA President's Circle, PR Media Fund, and/or Scholarship Fund by selecting the appropriate box below.

☐ **I wish to pay my NMCA Annual Membership Dues via EZPay.**

(Please see membership application for dues applicable to your personal membership category.)

EZPay Membership Dues Total \$ _____

EZPPay Schedule: ☐ Monthly

Payment Type: ☐ Credit Card

☐ Annually

☐ Charge my Checking Account

☐ **I wish to contribute to the President's Circle, a one-time payment, in the amount of \$ _____**

☐ **I wish to contribute to the Scholarship Fund, a one-time payment, in the amount of \$ _____**

☐ **I wish to contribute to the Public Relations Media Fund, monthly, in the amount of \$ _____**

(Credit Card or Checking Account deductions only for PR monthly donations.

If you choose to do so, a one-time check will be gratefully accepted.)

Payment Type: ☐ Credit Card

☐ Charge my Checking Account

☐ Personal Check Enclosed

Payment Information

Checking Account:

Bank Name _____ Account Number _____

ABA Routing Number _____

Credit Card:

☐ Visa ☐ Master Card ☐ Discover Card Number _____

Exp. Date _____

Contributions or gifts to the NMCA are not tax deductible as charitable contributions.

EZPay Applicant Information: I hereby authorize the New Mexico Chiropractic Association to initiate, in accordance with the payment schedule indicated above, debit entries to my checking account as indicated above and on the attached voided check or my credit card account. I hereby authorize the depository institution named above to debit the same from my account. Said debits shall be for the amount indicated in the above-noted amount of dues and/or contribution. This agreement will remain in effect unless I notify the NMCA, in writing by mail or fax at 505-554-1482, to cancel it.

Signature _____ Date _____ Printed Name _____

Address (City, State & Zip Code) _____

P.O. Box 20399 • Albuquerque, New Mexico 87154 • 505-280-0689



nmca

New Mexico Chiropractic Association

Serving the Profession since 1947

NMCA Political Action Fund (PAC) EZPAY CONTRIBUTION FORM

EZPay is a convenient and easy way to contribute to the NMCA PAC. Simply fill out the amount you wish to contribute and the frequency (i.e. annually, monthly) and select your method of payment and the NMCA will do the rest! Or, you can make a one-time contribution to the NMCA PAC by selecting the "one time" box below. **Please fax completed form to 505-554-1482.**

☐ **I wish to contribute to the NMCA PAC via EZPay.**

EZPay Amount \$ _____

EZPay Schedule: ☐ Monthly

Payment Type: ☐ Credit Card

☐ Annually

☐ Charge my Checking Account

☐ **I wish to contribute a one-time payment in the amount of \$ _____**

Payment Type: ☐ **Credit Card**

☐ **Charge my Checking Account**

☐ **Personal Check Enclosed**

Payment Information

Checking Account:

Bank Name _____ Account Number _____

ABA Routing Number _____

Credit Card:

☐ **Visa** ☐ **Master Card** ☐ **Discover** Card Number _____

Exp. Date _____

Political contributions may be adjusted, the amount given or refusal to contribute will not benefit or disadvantage you. Contributions or gifts to the NMCA PAC are not tax deductible as charitable contributions. Federal law requires political committees to report the name, mailing address, occupation and name of employer of each individual whose contributions aggregate in excess of \$200 in a calendar year.

Occupation _____

Employer _____

EZPay Applicant Information: I hereby authorize the New Mexico Chiropractic Association to initiate, in accordance with the payment schedule indicated above, debit entries to my checking account as indicated above and on the attached voided check or my credit card account. I hereby authorize the depository institution named above to debit the same from my account. Said debits shall be for the amount indicated in the above-noted amount of contribution. This agreement will remain in effect unless I notify the NMCA, in writing by mail or fax at 505-554-1482, to cancel it.

Signature _____ Date _____ Printed Name _____

Address (City, State & Zip Code) _____

PO Box 20399 Albuquerque, NM 87154 • 505-280-0689

Diagnosis and Management of Ossification of the Posterior Longitudinal Ligament (OPLL)

A Case Report

Diagnosis and Management of Ossification of the Posterior Longitudinal Ligament (OPLL)

Harvey J. Johnson, D.C.



Ossification of the Posterior Longitudinal Ligament (OPLL) is a condition that may be initially diagnosed in a chiropractic clinic. It is essential that the Doctor of Chiropractic identify this and fully assess it due to the serious implications it has for the health, safety, and quality of life of the patient. Patients may present with cervical spine stiffness and discomfort, which can be related to accompanying diffuse idiopathic skeletal hyperostosis (DISH) and even ankylosis. Other signs and symptoms may indicate radiculopathy, or even myelopathy of gradual onset. The specific diagnosis of OPLL for the chiropractic physician can be challenging because this clinical picture can blend in with many other patients commonly under treatment in our offices, and it requires diagnostic imaging, such as an initial X-ray evaluation. Although cervical spine OPLL can present with more severe symptoms, such as a sudden onset of quadriplegia after a minor accident injury, these patients would usually be diagnosed in an emergent care setting.

Abstract:

54 year old male presents with chronic neck and low back pain and stiffness worsened during the past month after sitting for long periods at home during the current COVID-19 pandemic. He reports injuries from a head-on motor vehicle collision (MVC) 15 years prior resulting in bilateral knee surgery the following year to repair bilateral cruciate ligament tears. The patient received chiropractic treatment for a period after his MVC injuries, which helped alleviate his neck discomfort then, and hopes that he can get his neck “popped” today since it worked for him in the past.

Case Presentation:

A 54 year old male presents with chief complaint of chronic neck and low back pain and stiffness worsened during the past month after sitting for long periods at home during the current COVID-19 pandemic. He rates his pain at 5/10 on VAS, and reports that turning the head rest around and placing a pillow behind his neck in his car helps. Systems review is negative, except for bilateral knee arthritis. He reports injuries from a head-on motor vehicle collision (MVC) 15 years prior resulting in bilateral knee surgery the following year to repair bilateral cruciate ligament tears. He reports lumbar spine microdiscectomy 3 years ago after which he has experienced right lower leg numbness. He reports no other radiating extremity pain. Current medications include hydrocodone only. The patient's constitution is above average build, obese, and pre-hypertensive. Neurological exam reveals 1/5 strength of the right lower extremity anterior tibialis, hallucis longus, and extensor digitorum longus and brevis muscles, and 4/5 strength of the bilateral quadriceps muscles. Straight Leg Raiser Test indicates moderate pain in the bilateral lumbosacral joints at 90 degrees of right leg raising. There is moderate to severe restricted cervical spine active range of motion (AROM) with moderate pain in all planes, and mild to moderate lumbar spine AROM with moderate pain in all planes. Spinal palpation reveals mild to moderate tenderness, moderate muscle spasms, and subluxations listed in the cervical, thoracic, lumbar, and sacral spinal regions. X-ray Cervical Spine, 3 views, in-office reveals multilevel OPLL resulting in spinal canal narrowing, multilevel anterior hyperostosis typical of DISH with ankylosis extending from C3 through C7, among other postural and developmental findings (Figure 1).



Figure 1. Multilevel OPLL, DISH, and ankylosis of C3 through C7.

The radiologist recommended MRI to evaluate for spinal stenosis and possible cord compromise and avoidance of manual adjustment methods. Blood and urine laboratory tests were ordered to evaluate for underlying autoimmune inflammatory pathology including anti-nuclear antibody (ANA) Screen, erythrocyte sedimentation rate (ESR), rheumatoid factor (RA), anti-cyclic citrullinated peptide (CCP), and C-reactive protein (CRP). The patient had not been evaluated by a primary care provider for more than a year. Therefore, routine lab tests including complete blood count (CBC), comprehensive metabolic panel (CMP), and urinalysis (UA) were also ordered. All lab test results were within normal range. MRI Cervical Spine without contrast performed 2 ½ weeks after initial exam revealed severe canal stenosis, anterior cord remodeling, and equivocal cord edema immediately rostral to C1/C2 intervertebral disc level, among several other findings of dorsal protrusion, facet hypertrophy, osteophytes, and neural foraminal narrowing associated with the patient's condition (Figure 2). The radiologist recommended neurosurgical consultation.

Management:

The patient was provided a referral to a local neurosurgery clinic and a pain management specialist. In this office his treatment includes intersegmental traction, electrical muscle stimulation (EMS), hot packs, manual therapy, and chiropractic manipulation techniques including Activator and Flexion Distraction. He has reported modest improvement with less pain after each treatment, especially for his low back. The patient was advised to follow through with his neurosurgical consult due to the potential for advancement and complications associated with his condition.

Discussion:

There is enormous value in investing in an X-ray room and machine for your clinic that transcends cost. It is equally important for views to be properly and completely read. An argument can be made that any X-ray views worth taking are worth being interpreted by a board certified radiologist with a formal report generated on or reasonably near the date the study was performed. Although this patient was diagnosed with severe spinal stenosis at C1/C2 resulting from OPLL, he still has full use of his extremities. Failure to perform an X-ray evaluation or to timely and accurately interpret these views could have resulted in further deterioration in his condition before being detected and potentially a vastly different outcome.

The patient has significant loss of cervical AROM due ankylosis of C3 through C7. The limited ROM is mostly present at C1/C2 and creates a risk of cord contusion at this segment in the event of trauma, such as cervical acceleration-deceleration (CAD). Options for neurosurgery may include a laminectomy to allow more space for the cord at this level. Our role as chiropractic physicians in the health care team for this case is to achieve the correct diagnosis as a portal of entry provider in order to make a timely referral which affords the patient with the ability to be informed of their condition and make decisions in an outpatient setting regarding treatment options, and to continue providing conservative palliative care as indicated.

Acknowledgements:

I would like to thank Dr. David A. Dengler, chiropractic radiologist, for his advice and sharing his extensive knowledge and experience in the field of radiology in the development of this case.

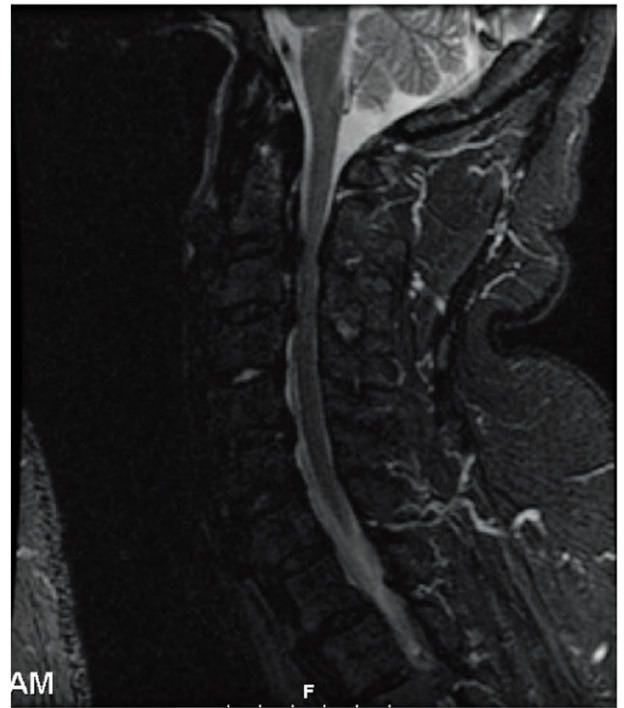


Figure 2. Severe canal stenosis, anterior cord remodeling, and dorsal protrusions (STIR image).

**TRY OUR CONCIERGE SERVICE IN OFFICE
OR
LEARN HOW TO OFFER THESE SAME TREATMENT
OPTIONS IN YOUR PRACTICE. WE WILL FULLY SET YOU UP
WITH YOUR VERY OWN IV CLINIC COMPLETE WITH
MEDICAL DIRECTOR, RN STAFF, SUPPLIES, AND MORE!**



HAPPENING NOW

EXPLORE THE BENEFITS OF VITAMIN IV THERAPY IN YOUR PRACTICE

🐦 @ #YWELLNESSCLUB



NOW SCHEDULING 2021

**CUSTOM IV
HYDRATION
THERAPY**

**WE BRING
OUR TEAM
TO YOU**

**DONE FOR
YOU
MARKETING**

People all over the country are exploring what Vitamin IV therapy can do for them. Try it in your office for FREE today!

Some of our most popular options:

Immuno C Super C IV
Myers Cocktail
Athletic Recovery Drip
Weight Loss Drip

Complete Vitamin Customization Available

**Call or email Dr. Taylor today for more information
210-740-1452 or pcmtoffice@gmail.com**



nmchiro.org

Classified Ads

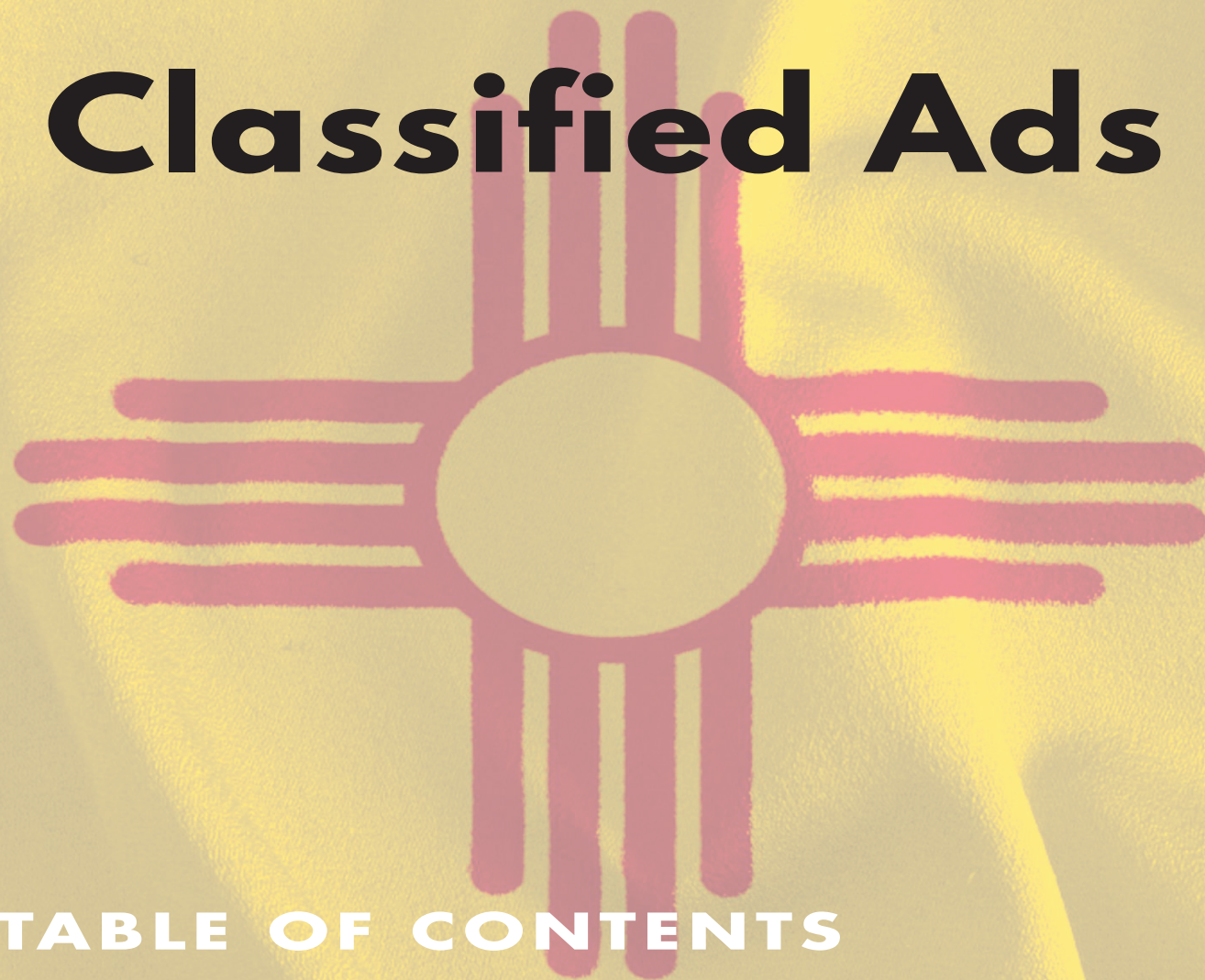


TABLE OF CONTENTS

01 JOB OPPORTUNITIES

07 PRACTICE FOR SALE

09 EQUIPMENT FOR SALE

www.nmchiro.org



JOB OPPORTUNITIES

1. JOB OPPORTUNITIES

Looking for a dynamic chiropractor interested in great adjusting and holistic integrative services in beautiful Santa Fe, NM. Join a thriving holistic center, in a beautiful office and location, where patients come first. ElleWell offers diverse services including chiropractic, acupuncture, massage, hormone balancing, nutrition therapy, integrative health coaching and yoga/movement therapy. We are interested in both new graduates who are teachable with promise and talent as well as seasoned doctors looking to branch out and work with a team. We take several of the major health insurances including BCBS, Presbyterian, Cigna, and Medicare. We currently have a patient base of over 2000 and growing steadily. We see patients with a variety of conditions including musculoskeletal problems, internal medicine issues and people seeking general wellness and lasting vitality. Competitive base salary with the option for performance bonuses, health insurance and 401K offered. We are looking for someone who wants to build long term relationships that can turn into partnership. To apply send resume to ElleWell, email: elle@ellewell.com, or in person at 933 Baca Street, Santa Fe, NM 87505. Call for questions at 505-629-3116.

2. JOB OPPORTUNITIES

We are looking for an associate chiropractor for our clinic in Rio Rancho, NM. The position is 5 days a week for \$5,000/month or 4 days a week for \$4,000 plus monthly bonuses based on production. We are a busy clinic and you will be seeing about 20-30 patients a day. You will learn a lot about patient education and patient management. Malpractice insurance is covered and we will pay up to half of your health insurance if needed. Please contact Kyle Gray at either 575-302-6943 or 505-891-3111 or email at drgray@ltchiro.com

3. PRACTICE COVERAGE FOR NEW MEXICO & WEST TEXAS

Coverage for large or small practices with affordable rates for any size practice. Twenty-six years experience in private clinical practice and four years with practice coverage. I provide near seamless coverage with the technique you practice as I am proficient in most mainstream techniques (Diversified, Bio-Physics, Thompson, Activator, Active Release & Applied Kinesiology). Proficient with X-ray (analog & digital), Myovision SEMG, PT Rehab Exercise & Electrotherapies. Licensed in Texas & New Mexico - Proficient in clinical & conversational Spanish. Dependable and Honest; Satisfaction Guaranteed Contact: John L. Scarborough, MS, DC. email: drtlc@wvi.com or call (541-350-5266) References upon request. Enjoy the time off you deserve & return to a happy practice. Thank you!

4. ASSOCIATE NEEDED

Would you like to begin as an associate and have the opportunity to grow into a partner with an ownership stake in a successful/profitable practice? Are you wanting to be treated honestly and fairly? Daugherty Spine & Disc is the place for you (check out our Google reviews)! We offer a base salary plus profit sharing. We are located in beautiful Las Cruces, NM. Dr. Daugherty is a Spine specialist who has been practicing for 17 years. We are the perfect place to commence your Chiropractic journey. Here in NM we offer Plenty of outdoor activities including boating, kayaking, fishing, hiking, snow, and water skiing, and more. If this sounds interesting to you or know someone who you believe would be interested, please contact us your information ASAP and let's talk. Email me your contact information at d_chiro@hotmail.com

5. IMMEDIATE HIRE FOR PART-TIME ASSOCIATE IN SANTA FE, NM

Doctor is has health issues and needs to back out of practice immediately. Potential for Purchase. Willing to train and provide smooth transition. Experience or None is ok. 505-310-0461

6. CHIROPRACTORS NEEDED

RedRiver Health and Wellness Center, Chiropractic Physicians focusing on Functional Medicine and Disorders of the Endocrine System, is expanding and seeking exceptional and outgoing Chiropractic Physicians to join our growing team. We currently have seven locations. Chiropractors with current Certifications in Functional Medicine preferred, but not required. Please email your CV, a cover letter, and graduate school transcripts to: apply@redriverhealthandwellness.com To learn more about us, please visit: www.redriverhealthandwellness.com

7. ADVANCED PRACTICE DC

looking to relocate to New Mexico! 2010 Palmer (Iowa) DC. 2019 NUHS MS. Diversified, drops are my chosen techniques. Looking to start mid/late summer 2020. E-mail drsebastian2010@yahoo.com

8. CHIROPRACTOR NEEDED

Clinic in Santa Fe is searching for the right D.C. Consistent stream of personal injury and cash patients. Established in NM for 15+ years with loyal support staff. \$70k base plus uncapped monthly bonus, malpractice insurance paid and moving allowance available. Don't miss out on this opportunity...email resume to paul@otowiusa.com and let's talk!



9. ASSOCIATE WANTED IN ALBUQUERQUE

Salary, Percentage, & Eventual Ownership! Successful clinic expanding. Come be part of our growth. STUDENT LOAN REPAYMENT PROGRAM AVAILABLE. Give us a call at [505-259-1731](tel:505-259-1731) or contact us at info@blessingchiro.com

10. ASSOCIATES NEEDED

In Colorado, Texas, and Arizona Are you a Caring, Compassionate, Energetic, Family-Practice Focused Chiropractor? If so, we are inviting you to be part of our office expansions. We are looking for Enthusiastic Associates in our Arizona, Colorado, and Texas offices to help us grow!!! All are GREAT places to raise a family!!! All have wonderful, trained, caring staff members!!! All have thriving patient-bases!!! All that's missing is YOU!!! Full-time positions, salary \$50k-\$80k per year, D.O.E. and abilities, Malpractice Insurance paid, Bonuses to be earned!!! Immediate openings in all 3 areas! Send resume to liveschiro@yahoo.com to begin this next and exciting chapter in your life!

11. PART-TIME CHIROPRACTOR NEEDED

Established chiropractor has been in business in Albuquerque, NM for over 20 years. We have a small but busy practice and we are looking for a part-time associate with a minimum of 2 years of experience in a medical office as a professional or internship, a certified D.C. who demonstrates skills for excellent customer service, time management, and maintain a professional relationship with patients and office staff Hours: Part-time 5-10 hours per week with possibly going full time in 6 months to 1 year Location: near the University of New Mexico Compensation: you will be paid per patient with opportunity for more hours and future ownership of the practice Techniques: Ability to learn or add to the following- applied kinesiology, trigger point therapy, cranial sacral technique, sacral occipital technique, bio-energetic synchronization technique, and diversified/mixed. Please respond by email to: Diversifiedchiro@gmail.com with your cover letter and resume.

12. CHIROPRACTOR NEEDED

Established clinic in Las Cruces is searching for the right D.C. Consistent stream of personal injury and cash patients with loyal, well-trained, long-term staff in place. \$70k base plus uncapped monthly bonus, malpractice insurance paid and moving allowance available. Don't miss out on this opportunity...email resume to paul@otowiusa.com and let's talk!

13. CHIROPRACTOR NEEDED

Doctor of Chiropractic needed for two Albuquerque locations with a 3rd opening soon. Good base pay plus bonuses immediately available! Call Greg at [\(972\) 401-1699](tel:972-401-1699).

14. ASSOCIATE DC WANTED

Chiropractors...Don't Miss This Once-In-A-Lifetime Opportunity!!! Excellent Office in Lubbock, TX is searching for the right Associate D.C. Great Patient Base, Fully-Trained Staff, Wonderful Location...ALL IT NEEDS IS YOU!!! Starting Salary of \$60K/yr with Raise Review after 60 days!!! Bonuses!!! Malpractice Ins. Paid!!! AND Option to Buy, With Owner Financing Available!!! Send resume to s.morris777@yahoo.com OPPORTUNITY IS KNOCKING...ANSWER IT BEFORE SOMEONE ELSE DOES!

15. BUSINESS OPPORTUNITY

Are you wanting more success for your time and effort? Are you wanting a better quality of life? Become one of us! We are franchising in your State! Advantages of joining the Centro Chiropractic Clinic franchise system: -What you currently collect each month is yours to keep! Our fees are from your growth after joining the Centro family! -Proven systems that work -Robust Marketing and advertising -We are your back office- Billing, collecting, deposits Payroll, monthly bills and year end -And much more! What's left for you to do? You get to do what you do best, be the great doctor you are, maintaining sole discretion on treating your patients while managing your clinic staff. We handle the rest! Visit centrofranchise.com, call [844-212-7212](tel:844-212-7212) or email us at matt.kerner@centroclinic.com to learn more today!

16. CHIROPRACTIC DOCTOR WANTED

Northern New Mexico Health Center has a position open for a full or part time Chiropractic Physician. We are an integrated medical group of massage therapists, acupuncturists, and chiropractors. We have an established clientele and have been in business since 1983. Our office includes seven treatment rooms, a retail department, and a Chinese and western pharmacy. We have two locations, one in Santa Fe, the other in Arroyo Seco. nnmhealthcenter.com 1nnmhc@windstream.net [505-753-7576](tel:505-753-7576)

17. ASSOCIATE DOCTOR NEEDED

TAOS, NM - Associate Dr. needed in established Activator/Impulse/Diversified practice. Activator knowledge needed. All techniques welcome. A great opportunity. Live the good life! jlewdc@msn.com [575-758-2944](tel:575-758-2944)

18. DC WANTED

For busy, 2 DC, Multidisciplinary Group Practice, in Albuquerque, New Mexico. Monday – Friday, no weekends. Excellent competitive salary, paid vacation, malpractice, sick days, bonus and more benefits available. New grads OK, will train. Email resume to: dc.resume@dseincorporated.com Call [941-735-8610](tel:941-735-8610) for further information.



19. ADDITIONAL CHIROPRACTIC DOCTOR WANTED

Offered is an excellent opportunity for professional growth in a busy and growing chiropractic clinic in South Central New Mexico. We have been recognized locally as the "Best of the Best Chiropractor" for the last seven years running. In addition, we won "Business of the Year" in 2016. We average over 1,100 new patients due to internal and external referrals, our excellent reputation, a busy marketing program, and excellent patient outcomes. A qualified candidate will exemplify integrity and honesty, and must have a positive, hard-working, patient-first attitude. You should have the requisite abilities of a doctor who can perform a proper consultation/evaluation, interpret exam and x-ray findings, assign an appropriate working diagnosis, present a reasonable treatment plan, transfer patients into wellness care, and of course – provide great adjustments. We are fully staffed with well-trained, caring professionals in management, insurance, therapy, at the front desk, and in IT. We are in a large, modern, and clean, facility with plenty of parking. We are up-to-date with EHR and utilize digital radiography, decompression therapy, laser therapy, trigger point injections, etc. We are perfectly suited for recent graduates and for seasoned doctors. Whether you're looking for a great environment in which to learn from the "Best of the Best" or you're tired of running your own clinic - exhausted from the grind, no vacation relief, struggling to get new patients - this is your place! For more information, including salary, paid vacation, bonuses, and benefits offered, please send your resume to docprecure@msn.com.

20. MEDICAL ASSISTANT OPPORTUNITY

Medical Assistant wanted for busy Chiropractic office. We are an acute care clinic looking for a hard working, detail oriented, self driven individual who is kind, caring, health conscious and a team player. This is a non smoking environment. Experience is not necessary but you must know about and believe in Chiropractic care. Our office hours are Monday, Tuesday and Thursday 8:30-6pm Wednesday 1-6pm and Friday 8:30-2pm. If interested please send cover letter, resume and 3 references to heightschiroabq@gmail.com or fax to 505-888-8836.

21. ADDITIONAL CHIROPRACTIC DOCTOR WANTED

We are looking to expand our practice, not replace an existing chiropractor. We are very happy with our current team, but would like to add another member to the team. We see anywhere from 45-75 patients a day. The position is for either 4 or 5 days a week and salary will be based on how many days you choose to work. Training will be 5 days a week until we feel you are able to pick up our methods and approaches. Bonus is based on productivity. Job Types: Full-time, Part-time Salary: \$4,000.00 to \$5,000.00 /month Contact is Dr. Gray: 575-302-6943 or drgray@ltchiro.com

22. ASSOCIATE CHIROPRACTIC DOCTOR OPPORTUNITY AVAILABLE

Santa Fe NM. Join an established and successful office. Back to Health Wellness Center offers multiple and unique services including chiropractic adjustments, manual and instrument, applied kinesiology, nutrition response testing, advance muscle integration technique (AMIT), the heart sound recorder, true cellular detox, and more. We are interested in a seasoned doctor looking to branch out and work with a team or new graduates who are teachable with promise and talent as well. Hoping to build a long-term relationship with the possibility of partnership. Pay will be based on a percentage of gross compensation. All office protocols are in place, such as reception, billing, etc. We are a fee for service practice as well as accepting many major insurance companies. To apply send resume to Dr. Chaz Schatzle at chazdoc@gmail.com

23. FULL TIME PARTNER DOCTOR WANTED

Immediate opening with ownership opportunity. Solo family chiropractic practice, with doctor retiring soon, is looking for a full-time partner doctor. Buy-in or earn your way to ownership. Must be personable, caring, professional and passionate about working with patients and improving their health. Compensation negotiable, includes base salary plus production bonuses. Get clinical and office training by doctor with 25+ years in the business. Must have current DC, but will consider students nearing graduation and accreditation. Relocation bonus available. About our Community: Farmington, NM, located in the Four Corners area of New Mexico, is nestled in the picturesque San Juan River valley, within sight of Colorado's rugged San Juan Mountains and the desert highlands of Arizona and Utah. Enjoy the Southwest culture, art, outdoor activities, family community and big, open skies. For the outdoor enthusiasts, jump on the nearby ski slopes, raft the white-water rapids of the Animas River, tackle off-road adventures, rock climb the desert, or fly fish the world famous rainbow trout fishing of the San Juan River. Experience the wide variety of cultural experiences with the performing arts, museums, native culture, galleries, and gaming. Enjoy all the adventure, cultural, and family-oriented benefits this community offers. For more about our community visit <https://farmingtonnm.org/> If you are interested in learning more, please request a phone interview at <https://goo.gl/RwHesi>

24. ASSOCIATE DOCTOR NEEDED

Associate Doctor (Chiropractor) needed for established practice. Associate doctor will have incredible opportunity with practice and beautiful office with latest technologies, with possible buyout in future. Call Dr. Will Smith 575.693.1999

25. ADVANCED PRACTICE DC

looking to relocate to New Mexico! 2010 Palmer (Iowa) DC. 2019 NUHS MS. Diversified, drops are my chosen techniques. Looking to start mid/late summer 2020. E-mail drsebastian2010@yahoo.com



26. CHIROPRACTORS NEEDED

RedRiver Health and Wellness Center, Chiropractic Physicians focusing on Functional Medicine and Disorders of the Endocrine System, is expanding and seeking exceptional and outgoing Chiropractic Physicians to join our growing team. We currently have seven locations. Chiropractors with current Certifications in Functional Medicine preferred, but not required. Please email your CV, a cover letter, and graduate school transcripts to: apply@redriverhealthandwellness.com To learn more about us, please visit: www.redriverhealthandwellness.com

27. ASSOCIATE CHIROPRACTIC DOCTOR OPPORTUNITY

Are you wanting to be treated honestly and fairly? Would you like to begin as an associate with an opportunity to grow into a partner with an ownership stake in a successful/profitable practice? Well, here at Daugherty Spine & Disc we can offer you just that! Dr. Chris Daugherty is a born and raised New Mexican who has been practicing for over 17 years now. We are located in Las Cruces New Mexico with breath taking views of mountains and amazing sunset skies. With plenty of outdoor activities including: boating, kayaking, fishing, hiking, camping, water skiing, and SO MUCH more. In a place like this it is hard to be bored. Here at Daugherty Spine & Disc we strive to make sure our patients are happy with what we do (Take a look at our Google Reviews). Pay starts at \$4,200-\$6,000 per month plus bonus. If this sounds interesting to you or you know someone who you believe would be interested, please get us your contact information ASAP and let's talk. Email me your contact information at daugherty79@hotmail.com or call (575)-202-3824. We look forward to hearing from you!

PRACTICE FOR SALE/ OFFICE SPACE AVAILABLE

1. PRACTICE FOR SALE: SANTA FE, NM

This superb practice is located in Santa Fe, NM, one of the greatest art and cultural centers in the USA. Perfect practice for an associate D.C. wanting to branch out on their own or a recent graduate not wanting to start from scratch. Affordable with steady flow of existing and new patients along with reliable income. Techniques include Thompson, Activator, Diversified and AK. Streamlined 900sq. ft + office space located close to hospital and other health care practitioners. Motivated seller has this practice priced to sell with a guaranteed smooth transition. For further details please contact greg@chiroequity.com, 908-419-7510.

2. 30 YEAR ESTABLISHED PRACTICE FOR SALE

Work 3 days per week with collections averaging 350K per year. Call 505-330-3330 for more information. Well established 39 year Cash practice for sale. Central Albuquerque location. Ample parking and visibility off of a high traffic area. Practice has 3 treatment rooms, Hill Tables, Therapy equipment. New (hardly used) Xray machine with auto developer. Technique used is a mix of Diversified, Pierce Stillwagon, Activator (Upper Cervical), and considerable soft tissue work with Kinesio Taping (Dr. can instruct interested party). Asking an extremely reasonable price to interested party. Please leave inquiries with drstribling@gmail.com

3. PRACTICE FOR SALE

Established For 26 Years in Beautiful Santa Fe, New Mexico. Mountain Views and Amazing Outdoor Activities. By Owner Chiropractic, Physical Therapy Modalities and Spinal Decompression Practice. We see patients for Auto Accidents, Work Injuries, Chronic or Acute Conditions, as well as Wellness Programs. The Non-Surgical Spinal Decompression Protocol Treats Disc Herniations or Bulges, Facet Syndrome, Paresthesias, Degenerative Disc Disease with amazing Success and with lots of testimonials. Spinal Decompression Protocols are cash based. Otherwise we take some insurance but much of it is cash based. Office Manager has been with me for 10 years. Established Electronic Billing. Established patient procedures. Over 3 years collection averaged \$350,000 per year plus established subleaseors. 1500 square feet with 5 treatment rooms plus Digital X-rays. New Information of new SBA Care Program for Business Purchases. As a result of Covid 19 and the Stimulus Package, The SBA is providing loans (7a) to purchase Businesses with less requirements for applications and approvals, low interest and pay back is not required for 6 months. They are making it easier to purchase businesses during this Pandemic. Research it yourself. Willing to help, train and stay for transition. Practice is being sold due to health reasons. Doctor is a Palmer Graduate. Price: \$225,000 Reduced to \$150,000 Call: 505-310-0461 Email: santafechiropractice@gmail.com

4. OFFICE SPACE FOR RENT

Classic Chiropractic Clinic has shared office space for rent. 2 rooms 10x11, 1 room 10x22. robertwhiteddc.com. classicchiro@gmail.com Dr. Robert Whited, Classic Chiropractic Clinic, 401 N. Union Ave, Roswell NM 88201 Cell phone: 575-317-1944 Office phone 575-623-9983



5. FOR SALE - CHIROPRACTIC FACILITY

(With or without equipment). Centrally located in Albuquerque NM. For additional information please contact Mr. Dustin Gudelj at DustinKWrealty@gmail.com or 505-205-2475. Looking forward to hearing from you!

6. PRACTICE FOR SALE

Dreaming of Owning Your Own Clinic??? Want To Do It Easily AND With Little Out-Of-Pocket??? This Is YOUR Chance!!! Lubbock D.C. Retiring!! Fully Equipped Clinic with Digital X-Ray, Intersegmental Traction, EMS, Flex/Distractor, VibraCussor, ATM, and Rehab Equip/Area! Fully-Trained, Excellent Staff Seeing 35-45 Patients/Day! Great Place To Raise A Family! Retiring D.C. Will Finance!! Quick and Easy Transition!! Great Location!! Don't Miss This Excellent Opportunity!! Please send email to s.morris777@yahoo.com

7. PRICE REDUCED

Profitable CASH practice: Tired of Insurance Hassles? 200K/year, less than 12 hours/week. 20 Year established practice, very very low overhead, no employees. Structural based practice with labs & nutrition. Ability in muscle testing helpful. Any questions, please respond to: abqdcchiropractor@gmail.com.

8. OFFICE SPACE AVAILABLE

Office space for rent In Chiropractic Wellness Center, Santa Fe, NM. Terms and price negotiable. Does not have to be a Chiropractor. Call or email for more information. Dr. Nina Gilbert 505-984-1222 email: gilbertchiro365@gmail.com

9. PRACTICE SPACE AVAILABLE

Right in the center of the Historic town of Mesilla. Featuring a well appointed, fully equipped facility serving a growing middle to upper class clientele. Our convenient location is near many destination locations. Highlights include a growing 22 year old chiropractic office. The facility is well-equipped with a reception area, adjusting rooms, kitchen, mechanical roller table therapy, lumbar traction therapy, and cervical traction therapy. There are also four contracts with providers in the amount of \$30,000 in sublease. A smooth transition, not only with patients, staff, and insurance participation, but in the community as well, so that you too may enjoy continued prosperity from our referral sources. Please contact Dr. Carol Carson for inquiries. 1-575-640-5502 carol_carson63@yahoo.com <http://backofficeconsults.com/home-6-2-2-2-2/>

10. TREATMENT SPACE AVAILABLE

Treatment room available for sublease in northeast heights chiropractic office. Rent is \$500 per month, which includes all utilities except phone. The space is available now. Please contact Dr. Zandall Carpenter at 505-888-1550 or email at doctorzabq@hotmail.com for more information.

11. OFFICE SPACE FOR RENT

Classic Chiropractic Clinic has shared office space for rent. 2 rooms 10x11, 1 room 10x22. robertwhiteddc.com. classicchiro@gmail.com Dr. Robert Whited, Classic Chiropractic Clinic, 401 N. Union Ave, Roswell NM 88201 Cell phone: 575-317-1944 Office phone 575-623-9983

EQUIPMENT FOR SALE

1. EQUIPMENT FOR SALE

Dr. in Las Cruces selling a Triton 600 decompression table for \$4,500 firm. Call if interested 575-541-9288

2. EQUIPMENT FOR SALE

Three Hill Elevation Adjusting Tables.a. Each has Lumbar, Dorsal, Cervical Drops Excellent Cond. Ask \$900-\$1100. Three inter-ferential/Ultra Sound combo units New \$4000-\$5000...Asking \$900-\$1200 Excellent condition. X-ray view boxes (2) 14x17 & 14x36 Asking \$45 to \$75 respectively. Four drawer Lateral Filing Cabinet \$300 Erchonia Laser, \$1500 Miscellaneous posters Free Dr Stribling will entertain offers. My Cell number is 459-3158 Email: drstribling@gmail.com

3. EQUIPMENT FOR SALE

Avant LZ30-Z Laser with stand, charging station, waterproof/shockproof case, acu-head for specific treatment areas and 2 pairs of safety glasses. Bought new for ~\$6000 just over a year ago and selling for \$5000 o.b.o. Please Contact Dylan Beamer at 503-806-7558 for questions.



4. EQUIPMENT FOR SALE

1990 Lloyd hydraulic with no drop pieces and no stand up feature. 1990 Lloyd galaxy 900 HS Hylo with no drop pieces, has hydraulic but the vertical stand up feature needs repair. Not expensive. Make offer please. Buyer to arrange pick-up and transport. I plan to close the office at the end of July. Anyone interested can contact me David Rosengren, 310 Garfield St, Santa Fe, New Mexico 87501 (505) 983-1513

5. EQUIPMENT FOR SALE AND OFFICE FURNITURE

Chairs, desks, therapy tables, massage table & chair, pictures, curtains, etc. Call Vince 505-908-4380

6. EQUIPMENT FOR SALE

Zenith Advantage Hi-Low Adjusting Table, Grey & Black Vinyl. Excellent Condition. \$1100 Firm. Dr. Robert Whited, Classic Chiropractic Clinic, 401 N. Union Ave, Roswell NM 88201 Cell phone: 575-317-1944 Office phone 575-623-9983 robertwhiteddc.com classicchiro@gmail.com

7. EQUIPMENT FOR SALE

Hill Anatomotor cervical and lumbar traction, with roller, vibration and heat, excellent condition, \$2500 OBO, call or email for pictures at 269-589-7930, or hammel.samuel21@gmail.com.

8. EQUIPMENT FOR SALE

Amrex U/20 portable ultrasound, \$150. Please contact Dr. Michael Nunnally at 505-310-3507.

9. EQUIPMENT FOR SALE

Konica Minolta SRX-101A x-ray processor, used but in good shape. Selling as a package including 6 x-ray cassettes, ID printer, darkroom light, x-ray file envelopes, unopened and opened x-ray film in bin, fixer and developer and 2 x-ray aprons. Worth a minimum of \$1250 when priced on e-bay. Asking \$250 OBO, must pick up in our clinic in Benson, Arizona. No holds. Please call 520-586-8737 or e-mail sagerunfamily@gmail.com for more information.

10. EQUIPMENT FOR SALE

Lloyd flexion/distraction table, LSI interferencial 4 channel Interferencial/high volt/Russian Stim, 2 flat therapy tables, sublaxation/fixation demonstration models \$600 obo. Sold as a lot, All in working order, sold as is, Located in Farmington, New Mexico. Contact Lance Myler at myler.lance@gmail.com

11. EQUIPMENT FOR SALE

Used film processor,(in excellent condition), stand, cassettes, safe room light and I.D. flasher, installed in the Albuq area, 1,500.00 plus tax. For more information, call John at 505-507-4659 or email me at whitew310@aol.com Film processor cleanings, service and supplies also available.

12. EQUIPMENT FOR SALE

Leander Lite table (www.leander-tables.com/lite.html). Electric elevation. Manual flexion-distraction. Many features, some custom. For details, email DrJ@NMPM.com or phone Dr. Jonas Skardis at 505-670-5060.

13. EQUIPMENT FOR SALE

Brewer Access Exam Table, Model 4000-07-LSR 106, (2 Drawers / 1 Cabinet) Blue, Like New Condition, \$900.00; Clinton Industries Exam Table, Model 8870, (4 Drawer) Blue Like New Condition, \$500.00; 2- Clinton Industries Model 1010 Classic Series Treatment Table, Blue, Like New Condition \$275.00; Clinton Industries Model 1010 Classic Series Treatment Table, Burgundy, Like New Condition \$275.00; Treatment Table, Metal Legs / No Model Number available, White, Good Condition \$200.00 Call Dave - 505-379-5768

14. EQUIPMENT FOR SALE

Electric Hill Chiropractic table with a thoracic drop-away piece. Only used it part-time beginning in 2010. It is a mint green color, excellent condition. 2300.00 OBO. Please contact Sharon at sharonacoles@msn.com or 720-300-7528

15. EQUIPMENT FOR SALE

Dynatronics hi-lo table, perfect condition, brand new motor \$1,250.00 Contact Dr. Karin Cook 575-640-7068, Las Cruces NM 88011

16. EQUIPMENT FOR SALE

Zenith Advantage Hi-Low Adjusting Table, Grey & Black Vinyl. Excellent Condition. \$1100 Firm. Dr. Robert Whited, Classic Chiropractic Clinic, 401 N. Union Ave, Roswell NM 88201 Cell phone: 575-317-1944 Office phone 575-623-9983 robertwhiteddc.com classicchiro@gmail.com



VISION STATEMENT of the NEW MEXICO CHIROPRACTIC ASSOCIATION

The Vision of the New Mexico Chiropractic Association is to have every Chiropractor in the State of New Mexico as a member, working together to expand and protect the rights of the chiropractic profession.

The NMCA needs every chiropractor in the state involved and united in order to combat any loss of chiropractic rights as they now stand, to stop any infringement by other professions into areas that are traditionally chiropractic in nature, to provide pathways for chiropractors to expand their areas of expertise in order to service their patient population to the fullest, to educate the public as to the value and benefit of chiropractic care, and to provide easy access to chiropractors within the health care industry.

The NMCA is the only organization in the state that can accomplish the above work. This work cannot, however, be accomplished without the required funds and without the necessary people to follow through. Therefore, the NMCA needs a large and actively involved membership. No matter what part of the state you call home, if the Practice Act for Chiropractors changes, you will be affected--for better or for worse, depending on whose changes are adopted. Help us make the changes that occur, changes that you want to see occur, changes that will enhance your profession.

In summary, the NMCA Vision is to have the total participation and backing of the entire chiropractic community in New Mexico toward the enhancement of the chiropractic profession while protecting the rights of chiropractors to treat patients within the expertise of their training and licensure. Please help us make this Vision a reality!!

MISSION STATEMENT of the NEW MEXICO CHIROPRACTIC ASSOCIATION

New Mexico Chiropractic Association is a statewide, non-profit, professional trade association comprised of doctors of chiropractic.

The Purpose of the NMCA is to provide the education resources and support needed to assist each doctor of chiropractic in rendering optimal care to a greater percentage of the population to enhance their quality of life.

The NMCA protects and advances the art, science and philosophy of chiropractic by promoting a model of excellence in the professional and ethical standards of its members.

***Please Support and Thank the
Professional Associate Members of the NMCA!
We really appreciate them for supporting each of you and the association!
You can get all contact information on our web site at www.nmchiro.org
by clicking on the Start Shopping page in the menu bar at the
top of the home page and all the other pages!
NCMIC
Print Masters***



Hurt? Call BERT.™

332-BERT

- Car, Truck & Motorcycle Accidents
- Bicycle & Pedestrian Accidents
- Serious Injuries
- Slip & Fall Accidents

PARNALL LAW

2025 San Pedro NE, Albuquerque, NM 87110

Phone: 505.332.2378 ■ Fax: 505.268-8708

Bert@ParnallLaw.com ■ www.HurtCallBert.com