



Building awareness within communities of the concerns, needs, and everyday demands of Military life on Service Members and their Families

COURSE INSTRUCTIONS

Treating the Invisible Wounds of War

COURSE PURPOSE:

This series of courses is designed to build awareness among primary care physicians, case workers, mental health providers, and other professionals - *who may see a Veteran or Family Member on an unrelated issue* - of the culture in which Veterans and their Families live and work. The courses provide best practices for identifying, assessing, and treating mental health problems that result from the trauma of war.

OBJECTIVES:

At the conclusion of each of these courses, you should be able to:

- Identify strategies for establishing and maintaining a therapeutic alliance with Combat Veterans and their Families, by examining Military structure and culture, and the combat experience
- Examine the current knowledge of trauma and PTSD and how it is unique to Military personnel
- Identify frames of mental health assessment and treatment options for Military personnel
- Identify how Family relationships are impacted by mobilization, deployment and redeployment
- Identify services available for Veterans and their Families, including those provided by the U.S. Department of Veterans Affairs and TRICARE

NOTE: Video portions of these courses may require a high-speed internet connection for optimum effectiveness.

LENGTH: Course times vary, and a course does not have to be completed all at one time. Users may log out at any time and start again where they left off.

CREDIT TYPE(S): Continuing Education credit varies depending on the length of the course. See the CSSP website for further information.

TARGET AUDIENCE: Psychologists, psychiatrists, behavioral health providers, primary care physicians, physician assistants, nurse practitioners, chiropractors, and other interested professionals.





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INSTRUCTIONS:

From your browser, go to www.aheconnect.com/citizensoldier

Step 1: Click on **New Users tab** at the top of the screen

Step 2: Create a **personal user account** following the instructions on the screen

NOTE: Be sure to enter your **Army OneSource referral code** in the space provided. If you don't have a referral code, contact your Army OneSource Community Support Coordinator.

Step 3: **Login** to the system using your new id and password

Step 4: Click on **Courses tab** at the top of the screen

Step 4: **Select a course** you wish to complete.

Step 5: Click on **Register**

Once you complete a course, your CE credit will be recorded ,and you will have access to download and print a Certificate of Completion.

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